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Via Ferrata equipment list

We provide

Helmet, harness and all other specialist equipment.

You need to bring

Any medication as indicated on the medical form.

Suitable clothing depending on the time of year and weather conditions. Do not wear excessively baggy clothes, this will hinder your progress.

Appropriate footwear. Canvas / trainer style shoes or walking boots.

In wet weather waterproof clothing.

If you have long hair it is advised that it is tied back.

A bottle of water, the bigger the better.