

Charity Abseils

To run a charity abseil safely and professionally we only use qualified instructors. We are not able to offer staff and facilities free of charge, we run large events for a fixed rate per rope.

For large groups it takes an average of 10 - 15 minutes for each person to complete an abseil. Therefore the maximum number of people for a single rope abseil is 40. We can run 2 ropes parallel to each other which we find works well as most first time abseilers are more confident with another person abseiling along side them.

- We hold full liability insurance
- We have an AALA licence so all age groups can participate
- We produce a risk assessment and method for the building before the event
- We only use nationally qualified staff
- Copies of all documentation available on request

We provide

- 1 qualified instructor at the top of each abseil rope.
- 1 instructor at the bottom of the abseil rope. In some situations 1 instructor may be able to safely control 2 abseil ropes in the landing area.
- 1 instructor to kit up, brief and train groups at ground level.
- Cordoned areas in for kitting up, briefing, training and landing area.
- A first aid kit and at least one member of staff with a first aid qualification.

The charity needs to provide

- A clearly marked area in for abseilers to register on arrival.
- A member of the charity team to lead abseilers to the kitting up and briefing area in small groups, usually 6 per rope.
- A responsible adult member of the charity team to escort abseilers to the roof of the building and stay with them in the safe holding area.

The building needs to provide

- Access to the roof, landing area and training area 1 hour before the event starts.
- A parking area close to the building for unloading heavy abseil equipment.